

## Instructions for Authors

### **Aim & Scope**

*Addiction and Health* is a peer-reviewed quarterly journal in English. This publication offers an opportunity to researchers to publish findings of their research into the impact of addiction, in its broad sense, on health, of any sort, in all areas of psychiatry, psychology, medicine, etc. In addition to original articles, taking priority, critical review articles and case reports, the journal welcomes short communications and letters to editors. Articles should be accompanied by a Persian abstract.

**Manuscript preparation:** Type the manuscript in Word 2003 using 1 inch margins all around and double line spacing. Tables and figures should be on separate papers. The manuscript should be accompanied by a covering letter.

**Covering letter:** It should be referred to the editor in chief and state that the manuscript has not been published previously or submitted simultaneously elsewhere.

Manuscript submission: Articles may be submitted by:

1. E-mailing the article to [addiction\\_health@kmu.ac.ir](mailto:addiction_health@kmu.ac.ir)
2. Mailing the article (on a CD with printed form) to the following address:  
Journal office, Shahid Beheshti Hospital, Jomhuri Eslami Blvd, Kerman, Iran,  
7618841151

- **Original Article** should be limited to 5,000 words. The paper should clearly describe the reason for undertaking the work, and present methods used and the results found in separate sections. Scientific interpretations based on the findings should be presented in a discussion section; a self critical / examination of the findings is encouraged.

### **Organization**

Arrange the manuscript in the following order: Title page, Abstract, Introduction, Methods, Results, Discussion, Acknowledgement and References.

**Title page:** It should contain a concise informative title for the article, authors' details (full name, academic membership and affiliation), running title as well as mailing address, telephone/ fax numbers and e-mail address of the corresponding author.

**Abstract:** It should be organized in separate parts of background, methods, results, conclusion and three to five keywords selected from the Medical Subject Headings (MeSH). The abstract should not exceed 250 words (150 words for short communications). Avoid using abbreviations in the abstract.

- The abstract of case reports should contain a summary of the presented case and the reason for reporting the case.

- The abstract of review articles should contain a concise summary of the main points addressed in the article.

**Introduction:** It should contain the background and objectives of the study. Avoid mentioning data or conclusions of the study in this part.

**Methods:** It should contain a detailed explanation of all the steps taken in the research except those that refer to standard techniques. All the drugs and chemicals used in the study should be identified precisely (generic name, dose and route of administration). For all used instruments give the manufacturer's name and location (city / state / country). Mention any statistical method or computer program used in the study.

**Results:** This part presented in the form of text, tables and illustrations should contain only the results of the presented study and the results should be organized according to their order of importance. Refer to the table number instead of repeating the table contents in the text.

**Discussion:** Avoid repeating whatever has been said in the introduction or results sections. Relate and compare the findings with the results of other relevant studies. Emphasize the significant aspects of the study and the conclusions and mention the implications for further research.

**Acknowledgement:** Any type of technical, financial and material help that do not justify authorship should be mentioned as acknowledgment at the end of text.

**Tables:** They should be limited in numbers, simple, self-explanatory and organized according to the order they appear in the text. Assign each table a number and a brief title placed above. Any additional explanation should be given in the footnotes.

**Figures:** Figures must be numbered and cited in the text in numerical order. Place captions below.

**References:** They should be compiled numerically according to the order of their appearance in the text and be written in Vancouver style.

Examples of references:

**- Journal article:**

Yigit S, Korkmaz A, Sekerel B. Drug-induced hypersensitivity syndrome in a premature infant. *Pediatr Dermatol* 2005; 22(1): 71-4.

**- Complete book:**

Sundel M, Sundel SS. Behavior change in the human services. 5<sup>th</sup> ed. Thousand Oaks, CA: Sage publications; 2005. p. 16-8.

**- Chapter in book:**

Pinter JD, Sarnat HB. Neuroembryology. In: Winn HR, Editor. *YOUMANS Neurological Surgery*. 5<sup>th</sup> ed. Philadelphia: W.B. Saunders; 2004. p. 5-45.

**- Thesis & dissertations:**

Hofland HEJ. Vesicles as transdermal drug delivery systems. [Ph.D. thesis]. Leiden, The Netherlands: University of Leiden; 1992; p. 24-8.

**- Papers presented in conferences:**

Bengtsson S, Solheim BG. Enforcement of data protection, privacy and security in medical informatics. In: Lun KC, Degoulet P, Piemme TE, Reinhoff O, Editors. MEDINFO 92. Proceedings of the 7<sup>th</sup> world congress on medical informatics; 1992 Sep 6-10; Geneva, Switzerland. Amsterdam: North-Holland; 1992. p. 1561-5.

**- Electronic references:**

Morse SS. Factors in the emergence of infectious disease. *Emerg Infect Dis* [serial online] 1995 Jan-Mar [cited 1999 Dec 25]; 1(1): [24 screens]. Available from URL: <http://www/cdc.gov/ncidoc/EID/eid.htm>

• **A review article should be made in one of the following forms:**

- Systematic review articles might be meta-analysis, meta-synthesis or non-statistical analysis. These articles contain parts of original research articles.
- Non-systematic review articles should be written by experts who have at least one article on article's subject area in the reference list. The components of such articles include *Abstract*, *Introduction*, *Discussion* and *Conclusion* and might have at least twenty references and contain maximum in 5000 words.

• **Short communication** might be a research articles, a systematic review article or an ongoing research (research project progress report) which is as reported interesting/important findings it contains. The components of such an article should be similar to original research articles; however, they are smaller and should be made maximum in 2000 words.

• **Letter to Editor** should be in terms of criticizing the previous articles, criticizing or reviewing the literatures/books, analyzing a related subject to medical education, report and criticize medical education symposiums, elaboration and explanation of an idea and clarification of a complex subject; furthermore, it should be prepared in 1000 to 1500 words.

• **Editorial** article is written by journal editor or one of the journal editorial board members or the order of such articles is provided by the editor-in-chief to experts. The content of such articles might be in-depth analysis of daily issues in medical education, challenging the systems or providing solutions in medical education and must be in a maximum of 2000 words with at least five references.

*All articles should have related references and authors should verify the accuracy of the used references in order to minimize errors in references. All references should be written in English and should be numbered inside parentheses in the article's text and listed at the end of the article according to the order of mentioning and the time it entered in text as below:*

**Final proof**

After acceptance and editing of the article, the galley proof is sent to the corresponding author via e-mail and the author is responsible for proofreading. Corrections should be marked clearly and the article should be returned within 48 hours.

**Abbreviations and Symbols:** While using only standard abbreviations, give the complete form of the abbreviation in its first use. Do not use abbreviations in the title and abstract.

**Ethical considerations:** The authors should certify (in the Methods) that experiments on human subjects and animals are in accordance with ethical standards of their institution and whether informed consent was obtained from the patients in the study. The patient's rights to privacy should be considered and any identifying information should be deleted from the text, figures and tables unless it is essential for scientific purposes and the patient gives written informed consent.

**Conflicts of interest:** Authors must acknowledge and declare any sources of funding and potential conflicting interest, such as receiving funds or fees by, or holding stocks and shares in, an organization that may profit or lose through publication of your paper. Declaring a competing interest will not lead to automatic rejection of the paper, but we would like to be made aware of it.

**Page charges:** There is no charge for publication in this journal.

**Copyright:** The entire contents of the *Addiction and Health* are protected under international copyrights. Any attempt to modify copy, distribute, transmit, display or publish journal contents should be with written permission of it.

**Peer-review process:** Once the manuscript is received by the journal office, a blind copy is sent to the editorial board for initial reviewing. The comments of editorial board are discussed in the weekly meetings of the editorial board. Possible decisions in this step may be rejection, requiring minor revisions before being sent to the reviewers or sufficient enough to be sent to the reviewers. A notification letter, along with the article code for all further correspondences, is sent to the corresponding author. Those articles with sufficient quality for peer-reviewing are sent to four experts in the field. As soon as receiving at least 3 reviewers' comments, they are discussed in the editorial board meeting. Possible decisions in this step may be accepting as it is, requiring revision to be published or rejection. In the case of needing revision the reviewers' comments are forwarded to the corresponding author for final revision. After receiving the revised manuscript, provided that the authors fulfill all reviewers' comments, the manuscript is scheduled for publication in the next issue.

**Journal policy:** Manuscripts are peer-reviewed. The editorial board reserves the right to reject any materials submitted and to make editorial decisions to accepted material. The authors are responsible for the opinions expressed by contributors.

**Disposal of material:** The file of published manuscript including all copies of the manuscript, correspondence and artwork will be held for one year before disposal. The corresponding author will be supplied with 5 free issues.

### **The Final Checklist**

The authors must ensure that before submitting the manuscript for publication, they have taken care of the following:

1. The title page should contain a concise informative title for the article, authors' details (full name, academic member and affiliation), running title as well as mailing address, telephone / fax numbers and e-mail address of the corresponding author.
2. Abstract in structured format up to 250 words (150 words for short communications)
3. References mentioned according to the Instruction to Authors section.
4. Tables should be typed on separate pages.
5. Make sure for Heading of tables, their numbers and Captions of illustrations. Don't repeat the information in tables if it is covered in the text.
6. Photographs / illustrations along with their captions.
7. Letter of Undertaking signed by all the authors.
8. Disclosure regarding source of funding and conflict of interest if any besides approval of the study from respective Ethics Committee / Institution Review Board.
9. Covering letter